

CONGRESS HEADQUARTERS

SHERATON OLD SAN JUAN HOTEL

The Hotel Sheraton Old San Juan has been selected as the headquarters for the 19th annual NACACTFCA Congress. This luxurious hotel is offering a special rate of \$115.00 for a single room and \$125.00 USD for a double per night for delegates to the Congress. The rates include daily breakfast buffet but are exclusive of applicable state and local taxes, which are currently 11% government tax and an 11% hotel fee (Includes In-room High Speed Internet, unlimited Health Club/Fitness Center and Recreational Facilities charged per room, per night and a San Juan occupancy tax of \$5.00 per person in room, charged per night.)

Please note:

*Make your reservation directly with:
Sheraton Old San Juan Hotel
100 Brumbaugh Street
San Juan, Puerto Rico 00901
email: reservations@sheratonoldsanjuan.com
Phone: 787-289-1929 / FAX 787-289-1910

*Mention that you are making your reservation for the NACACTFCA Congress in order to get the special rate.

*Make your reservation on time since the rooms with this special rate are limited.

You must make your own reservation by September 1, 2009 since NACACTFCA will not include the hotel in the registration fee.

www.nacactfca.org

NACACTFCA CONGRESS REGISTRATION

Name _____

Last name _____

Address _____

City _____

State or Province _____

Country _____ Postal Code _____

Email: _____@_____

Telephone _____

CONGRESS REGISTRATION FEE

\$175.00 for NACACTFCA members
\$225.00 for non-members

Congress fee includes registration, materials, proceedings, T-shirt, welcome reception, door prizes, luncheon, banquet, ground transportation.

Please note:

*To provide ground transportation we must receive your arrival information by September 30th.

*To get the registration fee discount for members you must have paid your membership fee by September 30th, 2009.

Complete the above registration form and return with International Bank Draft, Traveler Check or Money Order. Send registration and payment to:

Víctor López - NACACTFCA
PO Box 4770
Carolina, Puerto Rico 00984-4770

T 787-762-5400 / 787-791-7032
F 787-253-2982 / **C** 787-367-1421
E victorlp8@aol.com / mmercado@sjc.org

*Personal Checks will not be accepted



2009
19th NACACTFCA
INTERNATIONAL
ATHLETIC CONGRESS

Revolutions in Athletics:

Coaches and Training Principles that
Changed the Sport Forever

SHERATON OLD SAN JUAN HOTEL
PUERTO RICO

www.nacactfca.org

09:59:00



MONDO

CONGRESS GUEST SPEAKERS

Elio LOCATELLI (ITA)

The Director of the IAAF-MSD is one of the greatest minds in the sport of Athletics. In the last 20 years he has raised the IAAF Development Department to be the number one in the World.

Don BABBITT- THROWS (USA)

has been at the University of Georgia for 12 years and has coached eight NCAA champions and 47 All-America certificates, including Jenny Dahlgren and Reese Hoffa. He has coached several Olympians, including former world champion and shot put silver medalist Adam Nelson, six-time U.S. Champion and current American record holder Breaux Greer (javelin), as well as Canadian record holders Jason Tunks (discus) and Brad Snyder (shot put).

Vern GAMBETTA – TRAINING (USA)

is internationally known as a coach and consultant on four continents. He was involved in biomechanical analysis and product development with Nike, Converse, and Lycra for several years. He specializes in coaching Combined Events and is a consultant coach for Nike Oregon Project. He edited Track Technique, the technical journal of USA Track & Field, and was Associate editor of the IAAF technical journal, New Studies in Athletics and co-founder of USA Track & Field's coaching education program.

Dan PFAFF – JUMPS (USA)

is currently the director of the USOC Olympic Training Center in Chula Vista, California, and head coach of the Tri-Valley Track Club, which includes athletes such as Amy Acuff and Brad Walker. A respected authority on field event coaching around the world who has guided 33 Olympians and 29 NCAA individual national champions, Pfaff has almost 35 years of coaching to his credit, including as the women's track and field head coach at the University of Texas-El Paso and assistant coaching positions at the University of Texas-Austin, LSU, and Florida. His athletes earned 154 NCAA All-America honors, and 33 Olympians who went on to earn seven medals.

Tadeus KEPKA – DISTANCES (MEX)

was brought from Poland to Mexico in 1966 to prepare Mexican distance runners and marathoners for the 1968 Olympics. Although Kenyans dominated the Mexico City Olympic distance races, Latin American distance running and racewalking would never be the same. Kepka coached Mexican greats Rodolfo Gomez, Arturo Barrios, Dionicio Ceron as he exploited the tremendous resource of high altitude training in Mexico.

Gary WINCKLER – SPRINTS/HURDLES

recently retired after 22 years at the University of Illinois, where his teams won 11 Big Ten Championships as he has been named Big Ten Coach of the Year 11 times and National Coach of the Year once, his athletes won 265 individual Big Ten titles and 46 have earned All-America recognition 186 times. Over his career at both Illinois and Florida State, Winckler has turned out over 300 All-Americans, and has coached athletes to eight collegiate record-breaking performances, including Perdita Felicien's 60m hurdles time of 7.90 seconds set in 2002. Winckler has coached 13 athletes who have reached the Olympic Games in the sprints, hurdles or relays and have won gold, silver and bronze medals.

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CONGRESS PROGRAM

Tentative

Thursday, October 8

1:00pm-5:00pm

Registration

6:00pm-8:00pm

Welcome Reception

Sheraton Old San Juan Hotel

Friday, October 9

9:00-10:00am

Opening Ceremonies

10:15-12:00am

Keynote Presentation -
Elio Locatelli -Two Decades
of revolutions in Coaching
Luncheon - NORDIC
NACACTFCA
20th Anniversary

12:00-1:30pm

1:30-3:00pm

Distances - Tadeus Kepka
Sprints/Hurdles
Gary Winckler
Roundtable Discussion
Night in Old San Juan!

3:15-4:45pm

5:00-6:00pm

7:00pm

Saturday, October 10

9:00-10:30am

Throws - Don Babbitt

10:45-12:00pm

Training in the New
Millenium - Vern Gambetta

12:00-1:30 pm

Luncheon - MONDO

1:30-2:45pm

Jumps - Dan Pfaff

3:00-3:45pm

Panel Discussion - The
Application of Technology
in Modern Training

4:00-5:00pm

NACACTFCA Congress
Elections, Prize Raffle and
Closing

7:00-10:30pm

BANQUET and Local
Entertainment

Sunday, October 11 Local Tours & Departures

** Simultaneous translation will be offered in English and Spanish for all presentations*

We are pleased to announce the addition of Professor Wolfgang Ritzdorf (GER) to the program again this October!